

BREAKFAST IS AVAILABLE TO ALL STUDENTS AT NO COST



October Breakfast District Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 WG Giant Cinnamon Goldfish String Cheese Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	2 WG Cereal Bowl Graham Cracker Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	3 Warm Cinnamon Crunch Toast Breakfast Bar Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	4 Banana Chocolate Chunk Breakfast Bar Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk
7 WG Cocoa Puffs Cereal Bar String Cheese Just Picked Fresh Fruit Ice Cold Milk	8 Whole Grain Apple Frudel 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	9 WG Zee Zee's Birthday Cake Bar Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	10 Strawberry Yogurt with WG Graham Crackers Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	11 WG Confetti Pancakes Just Picked Fresh Fruit Ice Cold Milk
14 No School	15 No School	16 WG Cherry Strudel Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	17 WG Berry Apple Crisp Bar Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	18 Whole Grain Maple Flavored Waffles Just Picked Fresh Fruit Ice Cold Milk
21 WG Pull Apart Cinnamon Roll Just Picked Fresh Fruit Ice Cold Milk	22 WG Strawberry Oatmeal Bar w. String Cheese Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	23 WG Golden Graham Cereal Bar String Cheese Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	24 WG Strawberry Bagel Bites 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	25 WG Cherry Strudel Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk
28 WG Muffin W String Cheese Just Picked Fresh Fruit Ice Cold Milk	29 Strawberry Yogurt with WG Graham Crackers Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	30 Whole Grain Maple Flavored Waffles Just Picked Fresh Fruit 100% Fruit Juice Ice Cold Milk	31 Whole Grain Apple Oatmeal Bar 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk	

Hello Berwyn, 100!
 We're so happy to be here! We are OrganicLife, and we are so excited to fuel you through this school year with delicious healthful meals! We bring better quality, better tasting, better-for-you foods into your cafeterias and aim to keep you happy, healthy, and of course well-fed! We want school lunch to be something you look forward to every day, so please share your feedback.

Each Breakfast Includes Fresh Fruit.

Milk Choices:
 1% White
 Or
 Fat Free Chocolate

Menu may be subject to change

In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.



**EL ALMUERZO ESTÁ
DISPONIBLE PARA TODOS LOS
ESTUDIANTES SIN COSTO
ALGUNO**



Menú de Primaria. Octubre. 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Filetes de pollo WG Con WG Dinner Roll o Macarrones con queso de 4 estrellas Brócoli al vapor Fruta del Día Opción de Leche Fría	2 Hot Dog de carne de res O ensalada César con panecillo WG Tomates estilo uva Fruta del Día Opción de Leche Fría	3 Wrap de pollo con aderezo ranchero O Quesadilla de queso en tortilla ultra grain Frijoles negros Fruta del Día Opción de Leche Fría	4 WG Pan de pizza de pepperoni O pan de pizza de queso WG Rodajas de pepino fresco Fruta del Día Opción de Leche Fría
7 Sándwich de pollo casero o Queso a la parrilla sobre pan WG Palitos de apio fresco Fruta del Día Opción de Leche Fría	8 tacos de carne de res en tortillas blandas o Tacos de verduras Frijoles refritos Fruta del Día Opción de Leche Fría	9 MmmHamburguesa con queso o Ensalada Verde Mixta con Panecillo WG Puré de papa Fruta del Día Opción de Leche Fría	10 Filetes de pollo WG O Macarrones con queso de 4 estrellas Brócoli al vapor Fruta del Día Opción de Leche Fría	11 WG Tony's Pizza de queso O Pizza de salchicha WG Tony's Zanahorias frescas Fruta del Día Opción de Leche Fría
14 No Hay Escuela	15 No Hay Escuela	16 Pasta Alfredo con tostada de ajo WG o pollo Alfredo Ensalada de espinacas frescas Fruta del Día Opción de Leche Fría	17 Salteado de verduras o Banderilla de pollo empanizado Rodajas de pepino fresco Fruta del Día Opción de Leche Fría	18 WG Pepperoni Pizza de plato hondo O WG Pizza de queso de plato hondo Zanahorias al vapor Fruta del Día Opción de Leche Fría
21 WG Mini banderillas emanizadas O OL Pasta primavera Brócoli asado Fruta del Día Opción de Leche Fría	22 Pollo a la naranja c. Arroz O queso a la parrilla sobre pan WG Brócoli al vapor Fruta del Día Opción de Leche Fría	23 Mmmburger w. Queso en panecillo WG O palos WG Bosco Mezcla de vegetales california Fruta del Día Opción de Leche Fría	24 Sándwich de pollo a la barbacoa O Pasta con raviolos de queso Apio fresco Fruta del Día Opción de Leche Fría	25 WG Pan Francés Queso Pizza Pepperoni Pizza Verduras mixtas al vapor Fruta del Día Opción de Leche Fría
28 Palitos de pan rellenos de queso o Sándwich caliente de jamón y queso Maíz al vapor Fruta del Día Opción de Leche Fría	29 WG Pollo Teriyaki o Quesadilla de queso con salsa Elote al vapor Fruta del Día Opción de Leche Fría	30 WG Nacho Supremo o Nachos de queso WG Frijoles negros Fruta del Día Opción de Leche Fría	31 Mostaccioli al horno con panecillo o Nuggets de pollo WG con panecillo Brócoli asado Fruta del Día Opción de Leche Fría	

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**SY 24-25
Meals**

~Daily Special
~Vegetarian Option
~Sun Butter and Jelly
on WG Sliced Bread

**Each meal includes:
-Fresh Fruit or
100% Fruit Juice**

**Milk Choices:
1% White
Or
Fat Free
Chocolate**

****Menu Subject
to Change****

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LUNCH IS AVAILABLE TO ALL STUDENTS AT NO COST



October 2024 Elementary Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	¹ WG Chicken Tenders With WG Dinner Roll or 4-Star Mac and Cheese Steamed Broccoli Just Picked Fresh Fruit Ice Cold Milk	² All Beef Hot Dog Or Ceasar Salad with WG Dinner Roll Grape Tomatoes Just Picked Fresh Fruit Ice Cold Milk	³ Chicken Ranch Wrap or Or Cheese Quesadilla on Ultra Grain Tortilla Black Beans Just Picked Fresh Fruit Ice Cold Milk	⁴ WG Pepperoni Pizza Bread Or WG Cheese Pizza Bread Fresh Cucumber Slices Just Picked Fresh Fruit Ice Cold Milk
⁷ Homestyle Chicken Sandwich on WG Bun or Grilled Cheese on WG Bread Fresh Celery Sticks Just Picked Fresh Fruit Ice Cold Milk	⁸ Beef Tacos on Soft Tortillas or Veggies Tacos Refried Beans Just Picked Fresh Fruit Ice Cold Milk Pint	⁹ MmmBurger w Cheese or Mixed Green Salad w. WG Dinner Roll Mashed Potatoes Just Picked Fresh Fruit Ice Cold Milk	¹⁰ WG Chicken Tenders With WG Dinner Roll or 4-Star Mac and Cheese Steamed Broccoli Just Picked Fresh Fruit Ice Cold Milk	¹¹ WG Tony's Cheese Pizza Or WG Tony's Sausage Pizza Fresh Baby Carrots Just Picked Fresh Fruit Ice Cold Milk
¹⁴ No School	¹⁵ No School	¹⁶ Pasta Alfredo With WG Garlic Toast or Chicken Alfredo Fresh Spinach Salad Just Picked Fresh Fruit Ice Cold Milk	¹⁷ Veggie Stir Fry or Whole Grain Chicken Corn Dog Fresh Cucumber Slices Just Picked Fresh Fruit Ice Cold Milk	¹⁸ WG Pepperoni Deep Dish Pizza Or WG Deep Dish Cheese Pizza Steamed Carrots Just Picked Fresh Fruit Ice Cold Milk Pint
²¹ WG Mini Corn Dogs Or OL Pasta Primavera Roasted Broccoli Just Picked Fresh Fruit Ice Cold Milk	²² Orange Chicken w. Rice Or Grilled Cheese on WG Bread Steamed Broccoli Just Picked Fresh Fruit Ice Cold Milk	²³ Mmmburger w. Cheese on WG Bun Or WG Bosco Sticks California Blend Just Picked Fresh Fruit Ice Cold Milk	²⁴ BBQ Chicken Sandwich Or Cheese Ravioli Pasta Fresh Celery Just Picked Fresh Fruit Ice Cold Milk Pint	²⁵ WG French Bread Cheese Pizza Pepperoni Pizza Steamed Mixed Veggies Just Picked Fresh Fruit Ice Cold Milk
²⁸ Cheese Filled Breadsticks or Hot Ham and Cheese Sandwich Steamed Corn Just Picked Fresh Fruit Ice Cold Milk Pint	²⁹ WG Teriyaki Chicken or Cheese Quesadilla with Salsa Steamed Corn Just Picked Fresh Fruit Ice Cold Milk	³⁰ WG Nacho Supreme or WG Cheese Nachos Black Beans Just Picked Fresh Fruit Ice Cold Milk	³¹ Baked Mostaccioli w. Dinner Roll or WG Chicken Nuggets with Dinner Roll Roasted Broccoli Just Picked Fresh Fruit Ice Cold Milk	

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SY 24-25 Meals
~Daily Special
~Vegetarian Option
~Sun Butter and Jelly
on WG Sliced Bread

Each meal includes:
-Fresh Fruit or
100% Fruit Juice

Milk Choices:
1% White
Or
Fat Free
Chocolate

****Menu Subject to Change****

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**EL DESAYUNO ESTÁ
DISPONIBLE PARA TODOS LOS
ESTUDIANTES SIN COSTO
ALGUNO**



**Menú del Distrito. Desayuno.
Octubre**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 WG Pez Gigante de Canela Queso en tiras Fruta fresca Jugo 100% de fruta Opción de Leche Fría	2 Tazón de Cereales WG Galleta Graham Fruta fresca Jugo 100% de fruta Opción de Leche Fría	3 Barra de Desayuno Tibia Cinnamon Crunch Toast Fruta fresca Jugo 100% de fruta Opción de Leche Fría	4 Barra de desayuno con trozos de plátano y chocolate Fruta fresca Jugo 100% de fruta Opción de Leche Fría
7 Barra de cereales WG Cocoa Puffs Queso en tiras Fruta fresca Opción de Leche Fría	8 Frudel de manzana integral Fruta fresca Jugo 100% de fruta Opción de Leche Fría	9 WG Zee Zee's Birthday Cake Bar Fruta fresca Jugo 100% de fruta Opción de Leche Fría	10 Yogur de fresa con Galletas WG Graham Fruta fresca Jugo 100% de fruta Opción de Leche Fría	11 Panqueques de confeti WG Fruta fresca Opción de Leche Fría
14 No Hay Escuela	15 No Hay Escuela	16 Strudel de cereza WG Fruta fresca Jugo 100% de fruta Opción de Leche Fría	17 Barra crujiente de manzana WG Fruta fresca Jugo 100% de fruta Opción de Leche Fría	18 Waffles integrales con sabor a maple Fruta fresca Opción de Leche Fría
21 Rollo de Canela Fruta fresca Opción de Leche Fría	22 Barra de avena y fresa WG con queso en tiras Fruta fresca Jugo 100% de fruta Opción de Leche Fría	23 Barra de cereales WG Golden Graham Queso en tiras Fruta fresca Jugo 100% de fruta Opción de Leche Fría	24 Bocaditos de bagel de fresa WG Fruta fresca Jugo 100% de fruta Opción de Leche Fría	25 Strudel de cereza WG Fruta fresca Opción de Leche Fría
28 WG Muffin con queso en tiras Fruta fresca Jugo 100% de fruta Opción de Leche Fría	29 Yogur de fresa con Galletas WG Graham Fruta fresca Jugo 100% de fruta Opción de Leche Fría	30 Waffles integrales con sabor a maple Fruta fresca Jugo 100% de fruta Opción de Leche Fría	31 Barra de avena de manzana integral Fruta fresca Jugo 100% de fruta Opción de Leche Fría	

¡Hola Berwyn, 100!
¡Estamos muy contentos de estar aquí! Somos OrganicLife, y estamos muy emocionados de impulsarte a través de este año escolar con deliciosas comidas saludables. Traemos mejor calidad, mejor sabor, y mejores alimentos a sus cafeterías. El objetivo es de mantenerte feliz, sano, y ¡Por supuesto bien alimentado! Nosotros queremos que el almuerzo escolar sea algo que esperes con ansias todos los días, así que compártenos tus comentarios.

Todo Desayuno Incluye Fruta Fresca.

Opciones de Leche:

1% Blanca
O
Chocolate Libre de Grasas

****Menú Esta Sujeto a Cambios****

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